



Child's First Dental Visit

Thank you for choosing Just Smiles for your child's dental needs. We take great pride in making this office one of the most child-friendly and convenient places to bring your children for their dental care. Our goal is to make sure that your child grows up without having the same fears and reservations about dentistry that many adults have today. We strongly feel that visits to the dentist can and should be fun activities. Being parents ourselves, we know the feeling of looking out for our child's comfort and safety.

Unfortunately with dentistry today, what we find is that we are not dealing with the fears of our little patients, but rather, with the fears of their parents. With this in mind, we ask your cooperation with your small child's first dental visit. First of all, if you haven't yet, please don't "plant any seeds" in your child's mind by telling him or her that "*there is nothing to be afraid of*" or "*they won't hurt you a bit*". That merely raises their fears. If necessary, tell your child that we are going to the dentist to have their teeth counted. Finally, do not let anyone tease the child about the dental visit and tell stories about "*shots*", "*pulling teeth*" or "*drilling*". Let us do the talking!

When it is time for your child's appointment, (and this is most important!), please allow whoever comes and introduces themselves to your child escort them on a tour of the office alone. Once we know that your child is comfortably seated, you are more than welcome to join in the visit. As you can see, there are no secrets here - our office is designed to be open, fun, and interactive. After your child is comfortable, you will find them practically begging to come back!

We hope that you and your children enjoy your visit.

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